# ST Math Camps Goal Setting Guide



As students progress through ST Math Camp, they build agency, confidence, perseverance, and intrinsic motivation.

- Students develop confidence and recognize their progress and growth by setting goals. The process of setting, monitoring, evaluating, and planning strategies to achieve goals is an important skill for students. It supports student growth and development in several ways:
  - Increases opportunities for student agency.
  - Strengthens the ability to communicate what they have accomplished.
  - Helps students identify areas for improvement.
  - Helps students prioritize, self-monitor, and track progress.
  - Teaches time management.
  - Encourages focus on strategies to overcome challenges.

### Focus on Developing Key Skills Related to Goal Setting

As students experience ST Math Camp, engage them in goal-setting conversations that help them:

- Establish appropriate goals.
- Become self-directed learners.
- Plan strategies focused on helping them achieve their goals.
- Build strategies for monitoring progress toward the goals.
- Evaluate the reasonableness and effectiveness of their goals.
- Identify challenges to achieving the goals.
- Establish success criteria.
  - How will they know if they have achieved their goals?
  - What evidence do they have that they have achieved their goals?
- Adjust the goals based on quantitative and qualitative data.

As you discuss goal setting for each module, focus on one of the key skill areas above to develop students' skills. Take time to discuss the meaning of the skill, the actions students will take to work toward developing that skill, and how they will evaluate if they have used that skill to achieve their goals. Use the discussions as an opportunity to promote a growth mindset, confidence, perseverance, and agency.

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## **Goal Setting Guide**

### Remember to celebrate when students achieve their goals.

Give students one of our **Celebration Notes.** Check out Celebration Resources on our help site for more ideas. For information on celebrating students, visit our **Focus on Celebrating** page.

